

# Appendix D – Paddington Alcohol Test

A. PAT for TOP 10 presentations – circle as necessary

B. Clinical Signs of alcohol use

- |  |                          |                           |                               |
|--|--------------------------|---------------------------|-------------------------------|
| 1. FALL (incl. trip)                         | 2. COLLAPSE (incl. fits) | 3. HEAD INJURY            | 4. ASSAULT                    |
| 5. ACCIDENT                                  | 6. UNWELL                | 7. GASTRO -<br>INTESTINAL | 8. CARDIAC (i. Chest<br>pain) |
| 9. PSYCHIATRIC (incl. DSH & OD) please state |                          | 10. REPEAT ATTENDER       | Other (please state)          |

## EARLY IDENTIFICATION TO REDUCE RE-ATTENDANCE

Only proceed after dealing with patient's 'agenda,' i.e. patient's reason for attendance.

**“We routinely ask all patients having ... (above presentation)... about their alcohol use.”**

### 1 How often do you drink alcohol ?

- |                    |  |
|--------------------|--|
| Never              | PAT ends   |
| Less than weekly   |  |
| ___ times per week | Advise against daily drinking.   |
| Every day          | May be dependent. Consider thiamine (? Nutrition) & chlordiazepoxide (? CIWA). |

(continue to next question)

### 2 What is the most you will drink in any one day?

(UK alcohol units)

If more than twice daily limits (8 units/day for men, 6 units/day for women) PAT +ve

Use the following guide to **estimate** total daily units.

(Standard pub units in brackets; home measures often three times the amount!)

<b>Beer /lager/cider</b>	Pints (2) <input type="text"/>	Cans (1.5) <input type="text"/>	Litre bottles (4.5) <input type="text"/>
<b>Strong beer /lager /cider</b>	Pints (5) <input type="text"/>	Cans (4) <input type="text"/>	Litre bottles (10) <input type="text"/>
<b>Wine</b>	Glasses (1.5) <input type="text"/>	750ml bottles (9) <input type="text"/>	<b>Alcopops</b>
<b>Fortified Wine</b> (Sherry, Port, Martini)	Glasses (1) <input type="text"/>	750ml bottles (12) <input type="text"/>	330ml bottles (1.5) <input type="text"/>
<b>Spirits</b> (Gin, Vodka, Whisky etc)	Singles (1) <input type="text"/>	750ml bottles (30) <input type="text"/>	(continue to Q3 for all)

### 3 Do you feel your attendance at A&E is related to alcohol? YES (PAT+ve) NO

If PAT +ve give feedback e.g. “Can we advise that your drinking is harming your health”.

“It is recommended that you do not regularly drink more than 4 units/day for men or 3 units/day for women”.

**We would like to offer you further advice. Would you be willing to see our alcohol health worker? YES  
NO**

If “YES” to Q5 give leaflet and make appointment – see acute pathways.

Other appointment times available, please speak to Alcohol Liaison or ask patient to contact.

Give alcohol advice leaflet to all PAT+ve patients, especially if they decline appointment.

Please note here if patient admitted to ward .....