

Immediate Life Support Course

Continuous assessment for: Skill station 1: the ABCDE approach, Skill station 2: initial resuscitation and defibrillation

This document must be retained by Candidates with their ILS certificate

Candidate name:		Course Centre:		Course date:	
Assessor name:			Assessor's signature:		
Structure Skill description	Process The action that the candidate demonstrates competently during the skills practice			Outcome Desired skill outcome	
Patient assessment using the ABCDE approach	Systematic use of the ABCDE approach.			Identify and treat any immediate problems	
Identification of cardiac arrest	Assessment to identify cardiac arrest, calls for help and starts CPR appropriately.			Safe and effective management of cardiac arrest	
Correct delivery of high quality chest compressions	Hand position, depth, rate, duty cycle, and recoil of compressions, 30:2 ratio. Avoids unnecessary interruptions in chest compressions.			Support of the circulation during cardiac arrest	
Defibrillation:					
AED: Safe and effective use of AED Device used:	Ensures safety of self and team during defibrillation. Correct application of self-adhesive pads. AED - switches on AED, follows prompts correctly and delivers shock safely.			Safe and effective use of AED	
Manual Defibrillation: Safe and effective use of manual defibrillator Device used:	Ensures safety of self and team during defibrillation. Correct application of self-adhesive pads. Manual defibrillation - recognises shockable rhythm (aim for less than 5 seconds) and chooses correct energy level. Charges defibrillator with ongoing chest compressions. Delivers safe shock. Minimises pauses.			Safe and effective manual defibrillation	

This section is to be completed where the Learning Outcomes have not been met.

Areas of concern:

Development action planned/taken:

Candidate signature:

Assessor's signature:

Development achieved / completed

Date achieved:

Assessor's signature: